

A Message from

Rtn. CA AJEET JALAN

District Governor (2026-27)
District 3011

Thalassemia is preventable—and awareness and early screening are the first steps towards prevention.
Through this Thalassemia Screening Campaign, we aim to create awareness and encourage young adults, couples planning a family, and individuals who may be carriers to get screened and know their thalassemia status.
A simple blood test can provide vital information, empower families to make informed decisions, and help prevent the transmission of thalassemia to future generations.
I appeal to all Rotary Clubs across Delhi & NCR across Districts 3011 & 3012 to actively participate by organizing Thalassemia Screening Drives during 2026–27 and by promoting voluntary blood donation to support children and patients living with thalassemia major.
Let us unite as Rotarians to spread awareness, promote screening, save lives and work towards our shared vision of a "Thalassemia Free NCR by 2035."
Screen. Know. Prevent. Save Lives.



A Message from

Rtn. AMIT GUPTA

District Governor (2026-27)
District 3012

Thalassemia places a lifelong burden on children and families, yet much of its transmission can be prevented through awareness, timely screening and informed choices. Knowing one's carrier status, particularly before marriage or starting a family, can make a meaningful difference to future generations.
As Rotarians, we have a responsibility not only to create awareness and promote screening, but also to ensure that those living with thalassemia receive the safe and regular blood support they need.
I encourage every Rotary Club in Delhi & NCR to organize Thalassemia Screening and Awareness Drives during 2026–27 and actively promote voluntary blood donation as an essential part of this mission.
Let us come together across Districts 3011 and 3012, engage our communities and take sustained action towards our shared vision of a: "Thalassemia Free NCR by 2035"
Awareness today. Screening today. A healthier generation tomorrow.



OVER 1,00,000
CHILDREN IN INDIA
SURVIVE ON
BLOOD TRANSFUSION

Incidence in India:
Over 3 Crore Indians are Thalassemia carriers.
Prevalence is especially high among:
Punjabis, Sindhis, Gujaratis and Bengalis

THALASSEMIA TRANSFUSION CENTRE

at Rotary Blood Centre, Delhi

A dedicated Thalassemia Transfusion Centre is being established at the Rotary Blood Centre, Delhi, to provide safe, regular and timely transfusion support to children living with Thalassemia Major.



The Centre is being established through a CSR Grant implemented by Rotary Club of Delhi Ashoka, RI District 3012, with generous support from M/s EMU Lines Pvt. Ltd., under the leadership of DG 2025–26 Dr. Amita Mohindru and PP Dr. Anil Mohindru.
The Centre will support 250 Thalassemia Major children, helping ensure access to essential transfusion services and contributing to Rotary's larger commitment towards a healthier and Thalassemia Free NCR by 2035.



A Message from

PDG Ramesh Aggarwal

Primary Contact - CSR Thalassemia Grants
Secretary - Rotary Blood Centre, New Delhi

Every child deserves the opportunity to be born healthy and live a life free from the burden of thalassemia. Through this campaign, we seek to create greater awareness about thalassemia, encourage timely screening and counselling, and promote voluntary blood donation to support those living with thalassemia major who depend on regular, safe and timely transfusions.

Our commitment is not only to support patients today, but also to prevent thalassemia in future generations through awareness, responsible screening and collective action.

Under the leadership of Rtn. Ajeet Jalan, DG 2026-27, District 3011, and Rtn. Amit Gupta, DG 2026-27, District 3012, let us unite as Rotarians and responsible citizens to create a healthier future for our communities.

Together, let us spread awareness, encourage screening, donate blood and work with determination towards our shared vision of making "Thalassemia Free NCR by 2035."

Every screening can prevent a tragedy.

Every blood donation can save a life.

Every informed decision can protect a generation.

Rotary

THALASSEMIA FREE NCR BY 2035

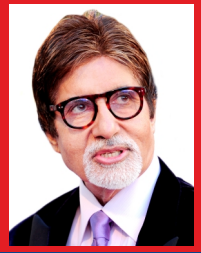
One
Blood Test
A LIFETIME
OF PROTECTION

Thalassemia Screening Awareness Campaign

Joint initiative of Rotary Districts 3011 & 3012

Supported through CSR Grant by
Rotary Club of Delhi Ashoka, District 3012
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SALASAR
Building a stronger future
M/s Salasar Techno Engineering Limited, Noida
Organization of
Rtn Shashank & Rtn Anshu Agarwal





I am a Thalassemia minor. Had I married a Thalassemic, my children would have carried dangerous symptoms of thalassemia. Fortunately, since Jaya was not Thalassemic, our children were saved.

Rotary Blood Centre

Rotary Districts 3011 & 3012
Near Batra Hospital, Tughlakabad, New Delhi-110044
Tel.: 011-29054067 / 29054068, 9958005900

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What is a Thalassemia Carrier?

A Thalassemia carrier (also called a Trait or Minor) is a completely healthy individual who carries one defective gene. Most carriers show no symptoms and lead normal life, unaware of their status unless tested through a special blood test: HbA2 (Hb Electrophoresis or HPLC).

What is Thalassemia Major?

A severe genetic disorder where the body is unable to produce sufficient hemoglobin, leading to life-threatening anaemia.

Thalassemia Treatment Involves:

- Lifelong blood transfusions every 2– 4 weeks
- Expensive iron chelation therapy
- Ongoing medical monitoring
- Rarely, bone marrow transplant, costing between ₹6 Lakhs– ₹20 Lakhs
- Annual treatment cost: ₹50,000 – ₹2,00,000

What if you are a Carrier & partner is not?

- Your partner should be tested too
- If your partner is not a carrier, your children won't be Thalassemia Major
- If both partners are carriers, consult for genetic counselling and prenatal diagnosis at 8–10 weeks of pregnancy (available at centres like AIIMS)

When should you get tested your Thalassemia Status.

- Before marriage or before planning a child
- A single test in your lifetime is enough – your status does not change
- Test: HbA2/Hb Electrophoresis or Hb HPLC (If HbA2 > 3.5%, you are a confirmed carrier)

How Can You Help if you are not a Thalassemia Minor/Major?

- Donate Blood – Thalassemia Majors depend on blood to survive.
- Motivate others to donate blood regularly
- Raise awareness about Thalassemia
- Support Thalassemia welfare programs with your time or donations



If both
husband and wife
are Thalassemia Trait,
in each pregnancy
there is 25% chance of
having a Thalassemia Major
(diseased child) 50% chance
of Thalassemia Trait
(like parents) and 25% chance
of a normal child
(not even a Trait).

Create Awareness to Save Thalassemic Children

CAMPAIGN HIGHLIGHTS

- **Free Screening Camps by Rotary/ Rotaract Clubs**
- **Confidential Genetic Counselling**
- **School, College & Workplace Outreach**
- **Thalassemia Screening Blood Test through Bio-Rad D-10 HPLC Analyzer at Rotary Blood Centre, New Delhi**

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